

W E L C O M E T O

trigya



A Solo Bharatanatyam Recital By

Marielle Chakkery

Presented by



Trigya unfolds the timeless beauty of pure Bharatanatyam, celebrating rhythm, grace, and tradition in its most authentic form.

Concept, Direction & Choreography
Anoop Menon & Jiji Rajagopal



Performance Repertoire

01 GANESHA VANDANAM

An Invocation to Lord Ganesha, seeking blessings for an auspicious beginning.

02 ALARIPPU WITH THIRUPPUGAZH

A traditional opening dance symbolising the awakening of mind and body, enhanced with the devotional Thiruppugazh verses.

Ragam (thiruppugazh) : Kalyani | Thalam : Mishra Chappu

03 YATHI

A rhythmic piece exploring geometric rhythmic patterns (yathis) with melodic and rhythmic variety.

Ragam : Ragamalika | Thalam : Thalamalika

04 VARNAM

The central piece of the recital, combines complex footwork with expressive storytelling and emotional depth.

Ragam : Charukesi | Thalam : Adi

05 KAVADICHINTHU

A lively composition inspired by folk tradition, full of rhythm, energy and spirited movement.

Ragam : Senchurutti | Thalam : Adi

06 PADAM

A slow, expressive item highlighting subtle emotions and gracefull abhinaya.

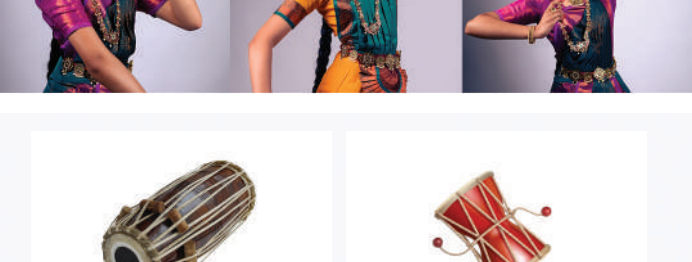
Ragam : Senchurutti | Thalam : Adi

07 THILLANA

A concluding benediction offering gratitude and blessing for all.

Ragam : Sallapam/Soorya | Thalam : Adi

08 MANGALAM



Mridangam

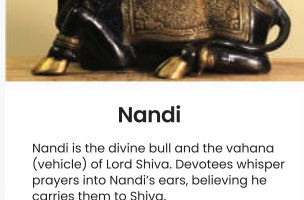
In Hindu tradition, Nandi, the sacred bull and devoted attendant of Lord Shiva, is closely connected to the Mridanga through mythology and temple iconography. Nandi is not only Shiva's vehicle (vahana) but also considered the divine drummer who keeps rhythm for Shiva's cosmic dance.



Damaru

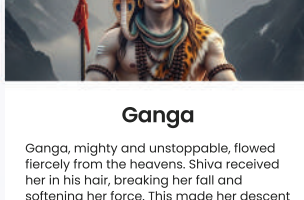
The Damaru, a small hourglass-shaped drum, is one of the most iconic symbols of Lord Shiva. The vibration of the Damaru is said to send shockwaves of divine energy. For Asuras, who thrive on chaos, ego, and darkness, this sound becomes:

• Unbearable • Disorienting • Fear-inducing.



Nandi

Nandi is the divine bull and the vahana (vehicle) of Lord Shiva. Devotees whisper prayers into Nandi's ears, believing he carries them to Shiva.



Ganga

Ganga, mighty and unstoppable, flowed fiercely from the heavens. Shiva received her in his hair, breaking her fall and softening her force. This made her descent gentle and life-giving rather than destructive.



Geethopadesham

Geethopadesham took place on the battlefield of Durokshetra just before the war began, when Arjuna was overcome with doubt and sorrow. At that moment Krishna gave him the sacred teachings of the Bhagavad Gita, explaining the eternal nature of the soul, the need to do one's duty without attachment, and the paths of right action, knowledge and devotion, giving Arjuna clarity and strength.

We welcome you to witness this refined classical recital, honoring the essence of **Bharatanatyam**

T H A N K Y O U